



November 2024



GENERAL MEETING

Thursday, November 7th, 7:00 PM

SNAIL Community Meeting via Zoom Login:

<https://us02web.zoom.us/j/89925706502>

or: <https://tinyurl.com/SNAILZOOM>

Meeting ID: 899 2570 6502

One-tap mobile: +16699009128, 89925706502# (San Jose)

Dial by your location: +1 669 900 9128 (San Jose)

SNAIL typically meets on the first Thursday of the month. The rare exception is when the first Thursday is also the same date as a major holiday. All SNAIL area homeowners, residents and guests are invited. Children are welcome. Membership in SNAIL is always free.

Schedule: 12/5, 1/9*, 2/6, 3/6, 4/3, 5/1, 6/5

(* indicates meeting date change due to a major holiday)

2024 SNAIL EVENT CALENDAR – SAVE THE DATES

Date/Time	Event Name	Organizer
Thurs, Nov 7 7:00 PM	SNAIL Monthly Meeting Guest Speaker	Bailey Hall Environmental Programs Specialist
Thurs, Jan 9 7:00 PM	SNAIL Monthly Meeting Guest Speaker	Matt Savage Program Manager, Substance Use Prevention



Learn What Goes Where: Recycling, Food Scraps and Zero Waste! – Bailey Hall

Confused about what you can and can't recycle? Want some tips to make the FoodCycle program easier and less messy? How about ways to celebrate the upcoming holidays with less garbage? Tune in to the

Nov. 7 SNAIL meeting to learn all about recycling and reducing waste. Sunnyvale's Zero Waste Coordinator Bailey Hall will explain Sunnyvale's waste programs, provide easy tips and answer your toughest questions.

Substance Use Prevention Policy Program at the Public Health Department– Matt Savage

Please join us at the SNAIL Neighborhood Association Meeting on January 9 to hear from Matt Savage, Program Manager of the Substance Use Prevention Policy Program at the Public Health Department. Matt will talk about his program, his work in the community, and the increasing concern about emerging products, especially for youth. This includes synthetic cannabis, a substance that is nearly identical to traditional cannabis but is sold widely at retailers outside of regulated cannabis dispensaries. It is not FDA-approved, and testing is not required for sale. A recent study found that 11% of high school students have used this product, and another found that it is easily obtained by youth at local retailers.

MESSAGE FROM THE CHAIR



Finally, the triple digit heat is behind us and it's beginning to feel a little like fall -or- is that "Witchful thinking?" We have much to look forward to between now and August next year. As you have read in last month's newsletter, the neighborhood we call SNAIL will be celebrating 30 years in 2025.

We will host just one big party, and it will be celebrated during National Night Out on Tuesday, August 5th. A few of us have already started to think about activities we would like to offer that day.

Do you have some ideas you would like to share with us? Would you like to be part of planning the festivities? I would love to hear from you. Give me a call or email me (my contact information is listed at the bottom of page 3). Let us make this 30th anniversary a memorable one.

In the meantime, would you know 30 Interesting Facts about SNAIL and have some Reasons to Love SNAIL? If so, send them over to me, and they will be added to our "fun Facts about SNAIL" and posted on our website.

-Valérie Suarès

Did you know SNAIL has an electronic distribution list to communicate with residents?

The city is now sending many alerts and messages to residents. With our once a month newsletter we often miss the opportunity to communicate this important information to our residents. Send us your email to be added to our online distribution list.

Support our neighborhood and help give back to your community:

If you work for a company that matches employee donations to nonprofit organizations, I ask that you look into your corporate philanthropy program. Each employer has unique components to their matching gift programs. When an employee donates, they'll request a matching gift from their employer. The employer then makes their own donation to the nonprofit. Companies usually match donations at a 1:1 ratio, but some will match at a 2:1, 3:1, or even a 4:1 ratio. A \$50 donation could become a \$100 donation, \$150 or even \$200. Every dollar will go a long way to support our 30-year anniversary party. Look into it, if you are working and consider donating to SNAIL.

Thank you.



SNAIL will hold elections for our 2025 officers (Chair, Vice-chair, Secretary and Treasurer) at the SNAIL General Meeting on November 7th. If you have attended at least two SNAIL

meetings within the last six months or served as an active volunteer within the last 12 months, you may nominate, and/or run for any of our four elected positions.

To read the duties for each office, type in this link and scroll down to ARTICLE IV: <https://www.snail.org/docs/SNAILbylaws.shtml>.

Come join us to nominate a SNAIL member and/or cast your vote. The new officers will commence in January 2025.

-Denise Perez, SNAIL Editor



COLUMBIA NEIGHBORHOOD CENTER (CNC) NEWS

For current information on programs, call CNC at 408-730-7800 or email CNC@sunnyvale.ca.gov or visit: <https://tinyurl.com/SVLECNC>.

Yoga Classes – Mon. & Wed. – 6:30-7:30 pm in the CNC Gym. Explore mindfulness and move your body gently. Engage both your mind and body in a healthy practice to build self-awareness, release stress, and leave you feeling calmer and more connected! All levels welcome. Class is offered in partnership with The Art of Yoga Project. Wear loose fitting, comfortable clothes. Bring a yoga mat, towel and water. Adults 18+, high school students (14-17) with signed parent consent, students (age 8 – 13) with parent or guardian present. Pay what you can, suggested \$3 donation/class, no one turned away for lack of payment. No childcare and children may not wait in the facility.

FREE! Monthly Activities at Magical Bridge Playground. All Ages, all Abilities at Fair Oaks Park, 540 N. Fair Oaks Avenue. All are welcome.

Language	Days/Dates	Times
English	Friday, Nov. 1	11:00 AM
English	Wednesday, Nov. 6	4:00 PM
Spanish	Friday, Nov. 8	4:00 PM

Free Flu Vaccine with Mayview Clinic (@ CNC): *Wednesdays, 3-5 pm by appt. only.* Available now through Dec. 7. For children age 3+ and adults. Call 650-330-7400 for an appt. Don't need to be a patient of Mayview/Ravenswood Health Clinic for this service.

Vaccination Clinic for Children (Ages 3-18) with MayView Clinic. *Every Wednesday, 5:00 p.m. – 7:00 p.m.* Children can get their required vaccinations for school or childcare. Fees are based on sliding scale. Walk-ins only, no appointment. Call CNC for more info/instructions to ensure a successful visit.

Free Legal Clinic (Virtual): *Thurs., 11/14, 1:00 - 4:00 PM.* In partnership with Asian Law Alliance, consult with an attorney on legal issues in the areas of immigration, housing, public benefits, and family law. Consultations average 30 minutes. This month, consultations will be provided in-person at CNC. Registration required, call CNC to register.

Zumba Class: CMS Multi-Purpose Room. *Tues., & Thurs, 6:30 – 7:30 PM.* A fitness program that involves cardio and Latin-inspired dance. Adults 18+, high school students (14-17) with signed parent consent, students (age 8 – 13) with parent or guardian present. Pay what you can, suggested \$3 donation/class, no one turned away for lack of payment. **Free childcare for children, ages 4-11 available on Tuesdays & Thursdays from 6:15 – 8:15 PM. Children must be potty independent.**

Fun-on-the-Run (FOTR) Program: *November 25 – 27 from 2-5 PM at Columbia Park.* A free program that offers a variety of recreation activities for youth, ages 6-11. Parents/guardians must fill out an emergency card on the first day of participation.

FREE! Food Distribution, Family Harvest: Families in need of food are invited to register for the Family Harvest Program, a monthly food distribution program that usually takes place on the *fourth Wednesday, 4:15 – 5:15 PM.* New families will need to register on distribution day. Distribution changed to a Farmer's Market model, participants must park, walk into the parking lot and bring re-usable bags for bulk produce, fruits and a cart for dry and canned goods, eggs, milk, etc. Each family will pick up about 100 lbs. of food. *The next distribution is scheduled for Wed., November 27.*

-Angela Chan, Youth & Family Resources Manager

DONATE A BOOK TO THE PACE LIBRARY!



Did you know the PACE School has a student library on both campuses? After a brief pause, the libraries will be back in action this month! The libraries, run by students and SLPs, offer an exciting opportunity for students to become Library Assistants, participate in mock

interviews, manage inventory, organization, and social interactions around book check-outs and returns.

To make this possible, we are kindly asking Friends and Neighbors to consider donating a new or gently used book. Please consider donating:

- **Elementary-Age books for Pruneridge Campus**
- **High School/Young Adult for San Aleso Campus**
824 San Aleso Avenue, Sunnyvale, CA
Between 7:30 AM – 3:30 PM

All donations can be dropped off in the main lobbies to Lauren or Sophia. Need a receipt for your donation? If you would like a receipt for your donation(s), please contact our Development staff at melissawatkins@pacificautism.org.

We appreciate your support in helping our students grow their literacy, cognitive, language, and social skills. For any questions, please reach out to the Speech Team!

Your Literacy Committee,
-Teacher Bekkah, Teacher Reema
-SLP Cynthia, School Director Lori

SNAIL STREET SWEEPING DATES



Reminder that street sweeping will be performed on your street on the following dates. Please move trash, recycling, yard bins, and vehicles from curbs when possible.

East SNAIL - Tuesday after normal Monday trash pickup on the following dates:

- Tuesday - November 12
- Tuesday - November 26
- Tuesday - December 10

Borregas and West SNAIL - Wednesday after normal Tuesday trash pickup on the following dates:

- Wednesday - November 13
- Wednesday - November 27
- Wednesday - December 11

-Dorit Chapman

SNAIL RECYCLING PROGRAM



The SNAIL RECYCLING program has been a great success! Thanks to all of your recycling, our National Night Out benefited from the funds received. Please keep them coming!

If you haven't contributed to this great community program, please consider doing so by dropping off your cleaned and separated CRV cans and plastic containers (no glass, please) to the home of Dorit Chapman or Valérie Suarès.

SNAIL's 30th anniversary will be held in August 2025, and we will need as much money as possible for this celebration. For more information, please email: Dorit or Valérie (See contact information in table below.)

-Dorit Chapman, SNAIL Recycling Program

SUNNYVALE MAYORAL CANDIDATES DEBATE/FORUM



From the left to the right: Elaine Manley, Larry Klein, Russ Melton

Mayor Larry Klein and Valerie Suarez (A-Frame Sign handmade by Sharon McNight)

If you missed the candidate forum SNAIL hosted with the Mobile Home Alliance, moderated by Elaine Manley from the League of Women's Voters and wish to hear the mayoral candidates' views and issues pertaining to the City of Sunnyvale, visit this link: <https://www.youtube.com/watch?v=5yndErnACBI>

If you are still undecided on which candidate to vote for, or wish to understand the pros and cons of the California and local ballot measures, visit this page: <https://www.lwvcs.org/Election-Forums> to find recorded sessions.



SNAIL'S RED BOWS TRADITION 2024



SNAIL will be hosting its annual Red Bows event to celebrate the holidays. Last year, thanks to all our Red Bow reps, our neighborhood looked beautiful and festive. It is the tradition for the bows to go up the weekend after Thanksgiving and taken down the first weekend in January.

We still have streets that do not have Red Bow Reps. If your street was not decorated with Red Bows last year and you would like to participate in 2024, please let me know by sending your information (name, address, street to decorate) to me at: dorit.chapman@gmail.com



We are still looking for Red Bow reps for the following streets:

- 700 block of Madrone / 800 block of Borregas
- 500 block of E. Arbor / 500 block of Fir

Thank you to all our volunteers for making our SNAIL neighborhood look so beautiful throughout the years!

-Dorit Chapman, Red Bow Coordinator



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SNAIL NEWSLETTER DEADLINE

All SNAIL neighbors are encouraged to submit articles of interest to be published in our monthly newsletter. The deadline for submitting articles and photos for the next SNAIL monthly newsletter is **Friday, November 15th**. Send an email to: SNAILeditor@snail.org



SNAIL BOARD of DIRECTORS and NEWSLETTER TEAM

Chair	Valérie Suarès	E. Eaglewood Ave.	408-390-3335	SNAILchair@snail.org
Vice-chair	Marco Vasquez	San Augusto Terrace	408-480-6173	SNAILvicechair@snail.org
Secretary	Jenny Purushotma	E. Eaglewood Ave.	408-859-9768	SNAILsecretary@snail.org
Treasurer	Dorit Chapman	E. Arbor Ave.	Email Preferred	SNAILtreasurer@snail.org
Sunnyvale D5 Councilmember	Richard Mehlinger	-----	408-940-2495	mehlingercouncil@sunnyvale.ca.gov
Newsletter Editor	Denise Perez	Manzanita Ave.	408-802-6914	SNAILeditor@snail.org
Newsletter Distribution Coordinator	Dorit Chapman	E. Arbor Ave.	Email Preferred	dorit.chapman@gmail.com

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 Columbia University PhD
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