



S.N.A.I.L. News


Sunnyvale Neighbors of Arbor, Including LaLinda
PO Box 62072, Sunnyvale, CA 94088

<http://www.snail.org/>

Representing over 1,400 households | Established in 1995



May 2020



GENERAL MEETING

PLEASE NOTE:
THE THURSDAY, MAY 7TH SNAIL MEETING
HAS BEEN CANCELLED

MESSAGE FROM THE CHAIR



Whether you are working or studying from home; or you have been sent home; or your business was forced to shut down; or you are like me, working for an “essential service”, Life goes on...

The trees are in bloom, the birds are singing and building their nests, lots of people are walking their dogs, others are planting gardens, riding their bike or jogging alone, the Internet is still working and we are “Zooming” into the future.

TO ALL OF YOU WORKING IN “ESSENTIAL BUSINESSES” THANK YOU!

While most SNAIL residents have been directed to shelter in place, you are out there, maintaining supplies on the shelves, keeping us safe, running utilities or keeping us healthy.

Thank you for ALL you do.

THE NNO GRANT APPLICATION HAS BEEN SUBMITTED

No matter our future, nor how long we will be asked to shelter in place, I sincerely hope that by August, life will be back in its normal swing. Therefore, I have submitted our SNAIL grant application to the City. I expect to get word in May or early June and will pass along the news.

In the meantime, you know what to do to protect yourself. Stay strong SNAIL, we will get through this together.

EMOTIONAL SANITY AND SOCIAL DISTANCING BLOCK PARTY

Here is what a street member did for his block:

He set up a group chat with all his neighbors.

In total, 10 neighbors are chatting throughout the day.

They start with coffee, chat about what they plan to do that day, share shopping experience and tips on where and when to find much needed items, share meals with ingredients they found at the market, and check on each other throughout the day.

When the weather was good last week, they all scheduled to step outside and say hello to each other, chat for some time, while holding their favorite beverage.

Look out for each other, check on your neighbor. This is how we stay positive and get through this together.

-Valérie Suarès



**SCC PUBLIC HEALTH DEPARTMENT
GUIDANCE FOR THE GENERAL PUBLIC
TO PROTECT RESIDENTS FROM
CORONAVIRUS DISEASE 2019**

SHELTER IN PLACE ORDER EXTENDED THROUGH MAY 31, 2020

ALL INDIVIDUALS IN THE COUNTY TO CONTINUE SHELTERING AT THEIR PLACE OF RESIDENCE EXCEPT FOR ESSENTIAL NEEDS AND IDENTIFIED OUTDOOR ACTIVITIES IN COMPLIANCE WITH SPECIFIED REQUIREMENTS:

- ♣ CONTINUING TO EXEMPT HOMELESS INDIVIDUALS FROM THE ORDER BUT URGING GOVERNMENT AGENCIES TO PROVIDE THEM SHELTER;
- ♣ REQUIRING ALL BUSINESSES AND RECREATION FACILITIES THAT ARE ALLOWED TO OPERATE TO IMPLEMENT SOCIAL DISTANCING, FACE COVERING, AND CLEANING PROTOCOLS; AND
- ♣ DIRECTING ALL BUSINESSES, FACILITY OPERATORS, AND GOVERNMENTAL AGENCIES TO CONTINUE THE TEMPORARY CLOSURE OF ALL OTHER OPERATIONS NOT ALLOWED UNDER THIS ORDER.

Read the Official Order here:

<https://tinyurl.com/05-04-20-Health-Officer-Order>

Stay informed. Information is changing frequently. Check and subscribe to Public Health's website and social media pages:

Public Health Website: <http://www.sccphd.org/coronavirus>

Public Health Facebook: <https://www.facebook.com/sccpublichealth>

Public Health Instagram: [@scc_publichealth](https://www.instagram.com/scc_publichealth)

Public Health Twitter: [@HealthySCC](https://twitter.com/HealthySCC)

—🌸— **SNAIL FLOWERS: A RANDOM ACT OF KINDNESS...**

As I opened my front door on my way to work, I found this beautiful flower arrangement on my landing. No card, no message, just flowers in a beautiful SNAIL wood carrier crate.

To the mystery SNAIL resident who left this:



Thank you for brightening my day.

-Valérie Suarès

HIGHLIGHTS OF LAST MONTH'S SNAIL GENERAL MEETING

The April meeting was cancelled due to the guidance of the SCC Public Health Department for the general public regarding public gatherings.



SHOPPING DURING COVID-19

During these unprecedented times, going to the grocery store is something that we want to do quickly and not often. Here are 5 ways to maximize your trip.

- ❖ Look at your pantry, fridge and freezer before you go so you know exactly what you need to get, versus what you already have/don't need.
- ❖ Plan your meals for the next two weeks, hopefully limiting the number of trips you need to making going forward.
- ❖ Ensure your list includes vegetables, proteins, carbohydrates and household supplies.
- ❖ If it's a familiar grocery store, try modeling your list off the grocery store layout where you plan to shop. This will help you shop more efficiently and prevent you from wandering in the store buying unnecessary things.
- ❖ Think about your storage at home; if you have no freezer space, then buy fresh and canned unsalted vegetables instead of frozen items.

Wishing you all health! Stay safe.

-Leah Groppo, MS, RD, CDCES

GREEN CORNER

These days, most residents have extra garbage, cardboard and recyclables. Follow these steps to make sure everything goes in the right place:



- ❖ Break down and flatten your cardboard. If it won't fit in your cart, tie or tape it together and stack neatly at the curb on pickup day (just like in the picture!)
- ❖ Single-family residents can set out up to two extra garbage bags on pickup day. A separate truck will pick up the extra bags and bundled cardboard, so leave them out until collected.
- ❖ You probably have more brown paper bags than you need; a friendly reminder, those go in the paper side of your recycling cart.

- ❖ Continue to sort the rest of your recyclables. For a refresher on what can and can't be recycled, check out our guide to Recycling's Nice Nine and Dirty Dozen at:

<https://sunnyvale.ca.gov/property/recycling/getrid/dirty.htm>

-Bailey Hall, Environmental Programs Specialist

FUTURE SNAIL COMMUNITY EVENTS



As we continue to plan our upcoming events: Yard Sale, National Night Out and the Candidate Forum, SNAIL leadership is monitoring the orders, messages and guidelines received from the Health

Officer of the Santa Clara County <https://tinyurl.com/SCC-COVID-19>. It is possible that we may need to cancel some of these future events. As you have seen the past few weeks, the situation is changing rapidly. We will do what is right for the community, while adhering to the directives from the Health Officer of the Santa Clara County.

-Valérie Suarès

HEADS-UP FOR OUR SNAIL YARD SALE



At the time of putting this newsletter together, we don't really know if the city will lift the "shelter on place" order. Calls from neighbors interested in the yard sale are coming in. Tarik is still up for it as he believes that since it is outside, in the sun and fresh air, it would be easy to comply with the distancing rules if they are still in effect.

We still plan on holding this year's yard sale in Tarik's front yard and driveway, at 667 San Diego Avenue. The sale will run Saturday and Sunday, June 13th and 14th, but work begins Thursday evening, June 11th. We will not have any dumpsters. (see article).

We need volunteers for setup, pricing, sign placement, selling, cleanup and many other jobs. Call June (408) 497-0827 or Tarik (408) 745-1241 to volunteer. Donations may be dropped off any time beginning Friday, May 1st. Call first for big items.

-Tarik Peterson

SPRING CLEANING? SAVE YOUR STUFF...



...for the SNAIL Community Yard Sale, please!

Yup, you've got some time on your hands, a lot of time, and you've decided to be productive: cleaning out the garage, your closets and drawers. Please hold on to your stuff, even if you have that urge to purge! Store it in the garage in the corner for now so that beginning Friday, May 1st, you can do your part and donate to the community yard sale.

Proceeds from our sale support SNAIL's National Night Out (NNO) BBQ street party on Tuesday, August 4th, complete with face-painting balloon-twisting artists, a live band to get you out of your seat and on to your feet, food, family, friends, new friends.... a time to enjoy community and to celebrate.

Volunteers are welcomed and needed for both events. If you can help, please contact:

Yard Sale: Tarik Peterson (408) 745-1241 or

June Valenti (408) 479-0827

NNO: Diane Gleason (650) 353-1575

Thank you!

-Barbara Brunasso

SNAIL DUMPSTER DAY HAS BEEN CANCELLED

The Sunnyvale Neighborhood Preservation group has cancelled all dumpster programs for this YEAR. They said that it is too complicated to reschedule dumpster programs for all the groups for the remainder of the year, due to COVID-19 uncertainties.

-Barry Boole, Dumpster Day Coordinator





Want a reason to take your bicycle for a spin? Sign up for our free JoyRIDEsv program and have chance to win one of four \$50 gift certificates.

JoyRIDEsv is as simple as 1,2,3:

1. Signup via EventBrite: <https://tinyurl.com/JoyRIDEsv>
2. Go for a bike ride and take pictures. Any length ride is fine. A trip to Lucky's or Columbia Neighborhood Center is plenty far enough. Any subject.
3. Upload your ride pics and tag them, using hashtag #joyridesv and tag us@bikesv on Twitter or @bikesiliconvalley on Facebook and Instagram.

SVBC believes biking can provide solace and comfort in these stressful, confusing and humbling times. We're grateful that biking and other recreation allowing spatial distance is encouraged for our physical and mental well-being.

We've created an initiative called #JoyRIDEsv - register, take a ride, snap a picture, and upload it to social media. We, and others would love to see what you're seeing! We will randomly select participants to win gift cards to Sports Basement.

- Participants must register at: <https://tinyurl.com/JoyRIDEsv>
- Go for a ride and take pictures.
- Upload photos (see #3 above).

See our current album of #JoyRIDEsv pics on our Facebook album: <https://tinyurl.com/FB-JoyRIDEsv>.

This is intended to be a solo activity or with others who are part of your household. We are not encouraging this to be a group ride activity. If you have questions, please contact Allison Greenlee at: allison@bikesiliconvalley.org.

Enjoy the wind on your face and don't forget to give plenty of space!
-John Cordes, Sunnyvale Silicon Valley Bicycle Coalition (SVBC) Team

COLUMBIA NEIGHBORHOOD CENTER (CNC) NEWS

Considering the County's Shelter in Place order, the Columbia Neighborhood Center has cancelled all programs, services, and rentals through May 10th; however, the MayView Clinic will remain open during its normal business hours of Monday through Friday 8:00 a.m. to 5:00 p.m. We will continue to monitor the County's recommendations and act accordingly.

Lifeguard Certification Fee Waiver and Subsidy: The City of Sunnyvale is searching for lifeguard and swim instructors for the summer. Certification classes will be offered in May and there are opportunities for subsidy or fee waivers for those who need assistance in paying for the certification fee. For questions regarding summer work or lifeguard certification fee waiver, contact Jesus Raygoza at jraygoza@sunnyvale.ca.gov.

-Jesus Raygoza, Interim Community Services Manager



SUNNYVALE SENIOR CENTER SERVICES



These resources are currently available for older adults who are at risk:

- ♥ Continued meal programs, with pick-up or delivery options for those without transportation
- ♥ Grocery delivery
- ♥ Prescription pick-up and delivery
- ♥ Care management

For these services, or if you have a need not listed, recreation@sunnyvale.ca.gov or call at (408) 730-7360.

Hours: 8:30 a.m. to 5 p.m.

SUNNYVALE COMMUNITY SERVICES



Provides emergency assistance, financial assistance, referral services and food programs to families, individuals and seniors living in Sunnyvale. Call (408) 738-4321 if:

- You are a resident of Sunnyvale or Alviso
- You do not have money to buy food after paying your rent and utility bills



SNAIL NEWSLETTER DEADLINE

All SNAIL neighbors are encouraged to submit articles of interest to be published in our monthly newsletter. The deadline for submitting articles and photos for the next SNAIL monthly newsletter is **Saturday, May 16th**. Send an email to SNAILeditor@snail.org.

SNAIL BOARD and CITY of SUNNYVALE SUPPORT STAFF

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Sunnyvale Neighbors of Arbor Including La Linda

S.N.A.I.L.

If you are a SNAIL resident
 Join S.N.A.I.L. on



<https://tinyurl.com/SNAIL-NEXTDOOR>