



S.N.A.I.L. News

Sunnyvale Neighbors of Arbor, Including LaLinda

PO Box 62072, Sunnyvale, CA 94088

<http://www.snail.org/>

Representing over 1,400 households | Established in 1995



September 2019



GENERAL MEETING

Thursday, September 5th

Location: Columbia Middle School Teacher's Lounge

Time: 7:00 p.m. – Look for the **SNAIL** sign

SNAIL typically meets on the first Thursday of the month. The rare exception is when the first Thursday is also the same date as a big holiday or our usual meeting venue is not available. All SNAIL area homeowners, residents and guests are invited. Children are welcome. Membership in SNAIL is always free.

Mark Your Calendar Now:

10/3, 11/7, 12/5

Stay Informed and Be Heard!



Our September 5th guest speaker will be Travis Duncan, Development Project Manager from SARES|REGIS. Wondering what's been going on Downtown? Curious to know when Whole Foods and AMC Theaters will be opening? Travis Duncan from Cityline, the downtown development team, will be coming to talk about all of the work that has been completed to date and give an overview of the plan for the future phase.

SNAIL NNO A GREAT SUCCESS!!



SNAIL National Night Out organizers and board members wish to thank everyone who contributed to the success of National Night Out 2019. This year

was the biggest event ever for SNAIL.

A huge THANK YOU to all the volunteers, from the setting up and breakdown crew to registration; from helping the kids have fun, to the grill master and potluck providers (Thomas, Barbara, Catherine, Jenny, Tanya, Mark, Dave, Dorit, Shelley and many more!) Thank you to all those in our community who contributed activities and information, including the city's police, firefighters and motorcycle unit, the city's library and recycling staff, CERT volunteers and Valley Water. We also again enjoyed the music of the band "The Joint Chiefs".

It was a team effort and many people stepped up to the plate to make this evening a success - THANK YOU!

We are also grateful to our community partners who generously donated supplies, food and raffle prizes. Thank you to Safeway, Lucky's, Home Depot, Lowe's, McDonalds, Chick-fil-A and Fry's Electronics for their contributions. Thanks also to realtors Renna Shee, Diana Williams and Dave Clark for their generous financial contributions. Approximately 260 neighbors participated and we hope to see all of you and more of our neighbors again next year!

-Diane Gleason, Valérie Suarès, Rosie Cooke - NNO Organizers

The publication of our newsletter and SNAIL Neighborhood Association sponsored activities are supported through our annual yard sale, newsletter sponsors and donations.

MESSAGE FROM THE CHAIR



Hope you are having a wonderful summer. We had a great turnout at the summer monthly meetings, thanks to our hosts Jenny and Peter for the backyard location and amazing food.

Did you know that we had our first "National Night Out" 18 years ago with our first ice-cream party? This year's neighborhood block party was well attended and a great success. Thanks to everyone who contributed to this amazing annual event. We had the chance to enjoy some of the wonderful, colorful and tasty international flavored foods, BBQ'd hot dogs and, of course, our traditional ice creams. We welcomed this year's band, "The Joint Chiefs" who returned for the second year to rock the neighborhood. Hope you had the chance to meet with the many City elected officials in attendance, too.

Did you receive some candy from our SNAIL Mascot wandering around the crowd? Inside this awesome handmade costume, many of you might have recognized our very own Sharon, a regular volunteer at the homeless shelter. Did you see the SNAIL on the fruit platter, too?

We are assembling a 2019 NNO photo album on our website. If you took some pictures, we would love to see them. Email your photos to photos@snail.org.

SNAIL welcomes the many new families who moved into the boundaries of our community. We hope to see you again at our upcoming meetings, listening to our guest speakers or wandering the streets visiting one of the six Little Free Libraries scattered in the community:

- ♥ 101 W. Ferndale, near Borregas
- ♥ 595 E. Arbor, near Fair Oaks
- ♥ 633 Pine, near W. Eaglewood
- ♥ 738 Georgia
- ♥ 256 E. Eaglewood, near San Diego
- ♥ 656 San Diego



Getting involved in SNAIL is a great way to make friends who live within walking distance of home. Probably the easiest way is to attend our monthly meetings or contribute some of your knowledge in our monthly newsletter.

VOLUNTEER

all that's missing is U!

As we move into fall, we are looking for six to ten regular volunteers to resume our community service activities

helping serve meals from 6:00 to 8:00 p.m. at the shelter one day a week. Please email me at SNAILChair@SNAIL.org with your interest so that we can sign up again.

The SNAIL monthly meeting will return to the Columbia School teachers' lounge.

-Valérie Suarès

HIGHLIGHTS OF LAST MONTH'S SNAIL GENERAL MEETING

City District Elections: In June of this year, the city council voted 5 to 2 to put a "6-1 proposal" on the March 2020 ballot. This means that next March voters will vote Yes or No for the "6-1 proposal". If the 6-1 proposal passes, then that is the system that will be used for the November city council election. If the 6-1 fails, then a judge would step in and determine a plan for the November election (a judge could easily declare a 7-district system because we have historically had a 7-member city council, and it would require the fewest changes from our current system).

At the SNAIL meeting there was concern expressed about the 6-1 plan selected by 5 of our city council members, especially since the preference by attendees of the community outreach meetings is for a 7 district system.

City Updates (Mayor Larry Klein):

City Council Meeting Updates:

- Approved studying a proposed addition to the Museum with up to six apricot trees to be replaced
- Approved the Vision Zero Plan
- Approved an update to the Murphy Station Design Guidelines <https://tinyurl.com/MurphyStationDesign>

Upcoming City Meetings

- Aug. 13, Climate Action Playbook
- Outreach for Title 6 (Animal Code) goes to Council on September 24th

Other City Meetings:

- Tues, Aug 20, District Map Making Exercise (see <https://sunnyvaleelections.org/events/calendar> for education/updates)
- Thurs, Aug 22, TIP-A-COP event at Faultline Brewery, Lunch/Dinner
- Sat, Sep 14, State of the City at Redwood Square, 10 a.m. to 3 p.m.
- Sun, Sep 15, Sunnyvale PAL Car Show on South Murphy 7 a.m. to 3 p.m. (Cars/Music/Food)

For full minutes, please visit:

<http://tinyurl.com/SNAIlog>; <https://nextdoor.com/login>

-Minutes taken by Valérie Suarès

BACK-TO-SCHOOL LUNCHES FOR KIDS



Summer is over, and now the kids are back to school! Start their school year off by having them avoid the lunch line and, instead, packing them with fun, healthy lunches from home! Try involving them in

packing their lunches the night before.

Start with using a portion sized lunch container. Look for ones that are divided into three sections with one larger section and two equal and smaller sections. Get your non-starchy vegetables in the large section, carbs and protein in the smaller sections. Add mini containers for dips to add extra flavor to vegetables. Even if the meal does not fit in the divided container think about keeping the portions the same. Here are some fun, healthy combinations that kids would love:

Whole wheat tortilla with turkey, spinach, bell peppers, and cream cheese to help hold the wrap together, cut into 1 inch pieces in the protein and carbs sections. Add carrot sticks and cucumbers with a dip to the vegetable section. Have chopped up fruit on the side.

English muffin pizza's with cheese, sausage, bell peppers in the protein and carb section and chopped up vegetables for the non-starchy vegetable section.

Brainstorm lunch ideas with your kids and see what you come up with as a family! Finally, don't forget those cooler packs to keep the food safe!

-Leah Groppo, RD, MS, CDE



COLUMBIA NEIGHBORHOOD CENTER (CNC) NEWS

For current information on programs, call CNC at (408) 730-7800 or email CNC@sunnyvale.ca.gov or visit our webpage at:

<http://tinyurl.com/SVCNC>.

Free Legal Clinic at CNC: Saturday, Sept. 7th from 10 a.m. to noon. Receive a 20-minute consultation on legal matters by licensed attorneys offered by South Asian Bar Association of Northern California (SABA-NC). No appointments. Customers are attended to on a first come, first served basis.

Free Event – Age Friendly Celebration and Community Picnic: Saturday, Sept. 7th from 10 a.m. – 1 p.m. at Columbia Park. Come connect with your community and enjoy an afternoon of activities, games and entertainment. This event is supported by a grant from Advanced Micro Devices (AMD) and includes a free picnic lunch while supplies last. If you're interested in attending, RSVP is requested but not required, call (408) 730-7360 to RSVP.

Free English Conversation Classes for Adults: Tuesdays, Sept. 10th – Dec. 17th, 7 – 9:00 p.m. at CNC. Vision Literacy helps all levels of English learners to practice speaking, listening, reading and writing in a small-group setting. New students MUST enroll on Sept. 9-10, 7-9 p.m. at Columbia Middle School Library. Call Vision Literacy for more information, (408) 676-7323.

Free Event: State of the City: Saturday, Sept. 14th, 10 a.m. – 3 p.m. in Downtown Sunnyvale. City's annual event will include: Mayor's Address; Community Awards presentation; events/activities, including live entertainment and Family Fun Zone.

Register Now for Free Falls Prevention Program for Older Adults: Thursdays, Sept. 26th – Nov. 14th, 10 a.m. – 12 p.m. at CNC. Learn to view falls as controllable, set goals for increasing activity and make changes to reduce fall risks at home. Program is recommended for older adults age 65+ and registration is required. Call CNC to register.

Drop-In Salsa Dance Classes for Adults: Mondays (Beginner) and Fridays (Basic II/Intermediate) through Dec. 20th, 7 – 8:30 p.m. at CNC Multi-Purpose Room. Learn to dance salsa and bachata, partnering skills and basic turn patterns and combinations. No partner needed. Cost: \$2 Resident/\$3 Nonresident (cash only).

Youth Drop-In Gym at CNC: Basketball on Mondays, 7 to 9 p.m., and Fridays, 7 to 10 p.m. Improve your game. Affordable prices (\$50 residents, \$1 non-residents), middle school and high school students only. Bring school ID.

Drop-In Fitness Room at CNC: **Morning hours:** Tuesdays and Thursdays from 6:00 – 7:30 a.m.; Wednesdays from 6:30 – 8:00 a.m.; Saturdays from 8:00 – 9:30 a.m. and 10:30 a.m. to noon. **Evening hours:** Mondays and Thursdays from 6:30 – 8:00 p.m., Tuesdays & Wednesdays from 7:30 – 9:00 p.m. and Saturdays from 8:00 – 9:30 a.m. and 10:30 a.m. to noon. Come work out with over 15 fitness machines and free weights. Open to adults, high school students with a signed parent consent form and middle school students must be accompanied by a parent/guardian. \$1 per session per person. Bring a towel, water and wear athletic shoes.

Sunnyvale Community Services at CNC: Every Wednesday from 1:00 to 5:00 p.m. in Room 9. Sunnyvale residents may be eligible to receive assistance with Public Benefits, Food Programs and Emergency Financial Assistance. Stop by, say "hello" to learn more and ask questions.

-Angela Chan, CNC Manager



Valérie Suarès attended the August 12th Sunnyvale Neighborhood Association Quarterly meeting. Also in attendance were the current mayor Larry Klein, former mayor Otto Lee and the Chief of Public Safety, Chief Ngo. All three were thrilled with the turnout and each and every one of them was impressed with the SNAIL made out of a watermelon and the SNAIL Mascot, made out of re-purposed scrap fabric. Bravo to their Creators! (Pictured: Mayor Larry Klein and Sharon McKnight.)

COACHES NEEDED AT CMS!

Want to show your Bulldog Pride by being one of our 2018-2019 Coaches? Check out our available positions on our NEW CMS Athletics <http://columbiaptsa.org/athletics>.

Season 2: October 22 - December 5

Wrestling (Multiple Positions)
Girls Volleyball (Multiple Positions)

Season 3: December 9 - February 6

Girls Soccer (Multiple Positions)
Boys Basketball (Multiple Positions)

Season 4: February 10 - April 2

Boys Soccer (Multiple Positions)
Girls Basketball (Multiple Positions)

Season 5: April 6 - May 13

Track and Field (Multiple Positions)



NO experience necessary. You must be 18 years of age and complete a background check and fingerprinting with the Sunnyvale School District. (This can take up to a month to complete, so get started early). Compensation: \$1000.00 STIPEND, coach's uniform, and training. Practice and games are Monday-Thursday, generally from 3:00 to 5:00 p.m. If you have any interest, please send an email to: info@columbiaptsa.org.

COLUMBIA PTSA VOLUNTEERS NEEDED

The CMS PTSA would love to increase our involvement with our SNAIL community and we would love our SNAIL community to be involved with us!

We have tons of volunteer opportunities within our PTSA. Visit our new website at <http://www.columbiaptsa.org/join>. Lastly, if you want to donate or become a member of the PTSA, our website makes it easy to do both! Just visit <http://www.columbiaptsa.org>.

SPEAKERS' CORNER

October 3rd - John Cordes

Our very own John Cordes will talk about the Bicycle and Pedestrian Advisory Commission and will present the Sunnyvale's Active Transportation plan.

November 7th - Jim Reynolds

Jim will share with SNAIL Members the proposed addition to expand the Heritage Park Museum, the programs, exhibits and various upcoming events hosted at the Sunnyvale Heritage Park Museum: <http://heritageparkmuseum.org>

December 5th - Bailey Hall

Bailey will share with us 'Best Tips for Recycling during the Holidays.'

DISTRICT MAPPING – IMPORTANT DATES

District Map Making Event: <https://www.sunnyvaleelections.org>

Aug 24: Deadline for submitting district maps to the City

Sep 10: Council hearing to review all submitted maps

Sep 14: Public to view and review refined maps at the State of the City Event (look for the district mapping tent)

Sep 29: Deadline for submitting revised district maps

Nov 05: Council hearing - review of narrowed down maps

Nov 12: Council decision on a single map with 6 districts

DISTRICT ELECTION - MAP REVIEW AND VOTE

Wednesday, October 16th, 6:00 to 8:00 p.m. at the Plaza Del Rey Main Club House, 1225 Vienna Drive. SNAIL is invited to view all City Council chosen District Election map options and vote for the District Map that will (should) include SNAIL in its entirety. Just go in, grab a slice of pizza and vote to keep SNAIL together, anytime between these hours, (there won't be an official meeting).

-Valérie Suarès

CITY EVENTS – DOWNTOWN

State of the City: Sept 14th, 10 a.m. to 3 p.m.

PAL Car Show: Sunday, Sept 15th, 7 a.m. to 4 p.m.

Halloween Pet Parade: Sunday, Oct. 28th, 10 a.m. to 3 p.m.

SNAIL NEWSLETTER DEADLINE

All SNAIL neighbors are encouraged to submit articles of interest to be published in our monthly newsletter. The deadline for submitting articles and photos for the next SNAIL monthly newsletter is **Saturday, September 14th**. Send an email to SNAILeditor@snail.org.



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MIDDLE SCHOOL
DETERMINED TO SUCCEED**

SNAIL BOARD and CITY of SUNNYVALE SUPPORT STAFF

Chair	Valérie Suarès	E. Eaglewood Ave.	408-390-3335	SNAILchair@snail.org
Vice-chair	Diane Gleason	550 E. Arbor Ave.	650-353-1575	SNAILvicechair@snail.org
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Neighborhood Resource Officer	Amy Pistor		408-730-7146	apistor@sunnyvale.ca.gov

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