



# S.N.A.I.L. News

Sunnyvale Neighbors of Arbor, Including LaLinda  
PO Box 62072, Sunnyvale, CA 94088

<http://www.snail.org/>

Representing over 1,400 households | Established in 1995



## March 2019



### GENERAL MEETING

Thursday, March 7<sup>th</sup>

**Location:** Columbia Middle School Staff Lounge

**Time:** 7:00 p.m. – Look for the **SNAIL** sign

**Guest Speaker:**

**Our March speaker will be Judy Pavlick, founder of the Sunnyvale Mobile Home Park Alliance. She will address Affordable Housing (see Speakers' Corner.)**

SNAIL typically meets on the first Thursday of the month. The rare exception is when the first Thursday is also the same date as a big holiday or our usual meeting venue is not available. All SNAIL area homeowners, residents and guests are invited. Children are welcome. Membership in SNAIL is always free.

**Mark Your Calendar Now:**

**4/11, 5/2, 6/6, 7/11, 8/1, 9/5, 10/3, 11/7, 12/5**

**Stay Informed and Be Heard!**



**Our March speaker will be Judy Pavlick, founder of the Sunnyvale Mobile Home Park Alliance. She will address Affordable Housing.**

Judy will address **Affordable Housing**, an alternative worth understanding and fighting for.

Mobile homes are still one of the somewhat affordable housing options. Come and find out:

- ✓ Difference between Apartment rent and Mobile Home rent;
- ✓ How they differ from your "stick built" home;
- ✓ How they were used in history;
- ✓ See what they look like inside, and
- ✓ Find out how to help protect this affordable housing.

### SNAIL 2019 Event Calendar

Date/Time	Event Name	Organizer
Mar 6, 13 Apr 3, 10 May 1, 8 Jun 5, 12	Homeless Shelter Please call Valérie to Volunteer to serve dinner; two-hour shift, two Wednesdays a month.	Valérie Suarès (408) 390-3335
Sun, Mar 17 11:00 a.m.	SNAIL Brunch at Marie Callender's 751 E. El Camino Real	June Valenti (408) 497-0827 (RSVP by Feb 15)
Sat, June 8	SNAIL Dumpster Day	Barry Boole (408) 739-1420



### Message from the Chair

Hope you all enjoyed hearing about the House Sharing Program from Catholic Charities in February and learning about the host options for renters and homeowners. If you missed the presentation, visit our speaker's corner to view the content presented by Susan Castillo and Heather Pham. Our March speaker will be Judy Pavlick, founder of the Sunnyvale Mobile Home Park Alliance, will address Affordable Housing; an alternative worth understanding and fighting for. In April, Katie Barnes, Garden Coordinator of the Charles Street Gardens will share with us some of her tips and tricks for spring planting warm season crops. The long awaited Mathilda Avenue Improvements at SR 237 and US 101 are finally underway. This project is designed to reduce congestion and improve traffic on Mathilda Avenue for all modes of travel including pedestrians, bicycles and transit. The construction will impact those who live, work and operate a business near, or drive through, the project area. Activities will likely generate noise and traffic inconveniences such as saw cutting and jackhammering used for concrete and pavement removal, heavy construction equipment, back-up alarms, dust, lane closures and detours. By now everyone in SNAIL should have received a VTA mailer. If you need to view the project map, visit this page:

<https://tinyurl.com/Mathilda-101-237>  
Following up on the January City Manager's talk on the 2019 study issues, City Council will rank them on March 7<sup>th</sup>. Approximately 30 study issues are still under consideration for 2019. If interested in knowing more about which ones made the cut, visit this website: <https://tinyurl.com/2019StudyIssues>.

As a community, we have not decided if we will have a yard sale again this year. To be successful, this major SNAIL event requires a large number of volunteers. Consider giving a few hours of your time for the community yard sale. We are aiming for either Saturday, June 8<sup>th</sup> or Sunday, June 9<sup>th</sup> if we get enough interest.

See you all at the March meeting!  
-Valérie Suarès, SNAIL Chair





### Columbia Neighborhood Center (CNC) News

For current information on programs, call CNC at (408) 730-7800 or email [CNC@sunnyvale.ca.gov](mailto:CNC@sunnyvale.ca.gov) or visit our new webpage at:

<http://tinyurl.com/SVCNC>.

**Free Legal Clinic at CNC:** Saturday, Mar. 2<sup>nd</sup> from 10 a.m. to noon. Receive a 20-minute consultation on legal matters by licensed attorneys offered by South Asian Bar Association of Northern California (SABA-NC). No appointments. Customers are attended to on a first come, first served basis.

**Free Tax Preparation Assistance for Low and Moderate Income Families at CNC:** Saturdays, Mar. 2<sup>nd</sup>, 16<sup>th</sup> and 30<sup>th</sup> from 10 a.m. to 2 p.m. in CNC Morse Conference Room. Tax Aid, a non-profit organization, will provide free tax preparation assistance to families with an annual income of \$55,000 or below at Columbia Neighborhood Center (CNC). Drop-in or make an appointment on <http://www.tax-aid.org>. Bring photo ID and all tax and income related documents.

**Free Falls Prevention Program for Older Adults - Matter of Balance:** An 8-week course on Thursdays, March 7<sup>th</sup> to April 25<sup>th</sup>, 10 a.m. to 12 p.m. at Columbia Neighborhood Center. Learn to view falls as controllable, set goals for increasing activity and make changes to reduce fall risks at home. Program is recommended for older adults, age 65+ and registration is required. Call CNC to register.

**Youth Drop-In Gym at CNC: Basketball** on Mondays, 7 to 9 p.m.; Fridays, 7 to 10 p.m. Improve your game. Affordable prices: \$.50 residents, \$1 non-residents; middle school and high school students only. Bring school ID.

**Drop-In Fitness Room at CNC: Morning hours:** Tuesdays and Thursdays from 6:00 – 7:30 a.m.; Wednesdays from 6:30 – 8:00 a.m.; Saturdays from 8:00 – 9:30 a.m. and 10:30 a.m. to noon. **Evening hours:** Mondays and Thursdays from 6:30 – 8:00 p.m., Tuesdays and Wednesdays from 7:30 – 9:00 p.m. and Saturdays from 8:00 – 9:30 a.m. and 10:30 a.m. to noon. Come work out with over 15 fitness machines and free weights. Open to adults, high school students with a signed parent consent form, and middle school students must be accompanied by a parent/guardian. \$1 per session/per person. Bring a towel, water and wear athletic shoes.

**Job Fair:** Thursday, Mar. 28<sup>th</sup> from 5:00 – 7:00 p.m. at the Sunnyvale Recreation Center Ballroom, 550 E. Remington Dr. City of Sunnyvale, Community Services Division is hiring for summer 2019. Minimum age is 16. Hourly rates are \$15.65 - \$20.39. Come to the Job Fair to learn about all the different opportunities, complete an application, bring all relevant information and get interviewed on the spot.

**Cesar Chavez Youth Action Day:** Saturday, Mar. 30<sup>th</sup> from 9:00 a.m. to 1:00 p.m. Save the date to volunteer. Open to youth ages 13-18. Participants will learn about the legacy of Cesar Chavez and participate in a service learning/community project. Must be a registered City of Sunnyvale volunteer; to register visit:

<https://sunnyvale.ca.gov/government/volunteer.htm>

**Sunnyvale Community Services at CNC:** Every Wednesday from 1:00 – 5:00 p.m. in Room 9. Sunnyvale residents may be eligible to receive assistance with Public Benefits, Food Programs and Emergency Financial Assistance. Stop by, say "hello" to learn more and ask questions.

-Angela Chan, CNC Manager

### Highlights of SNAIL General Meeting – February

**Guest Speaker (Susan Castillo, Catholic Charities:** The mission of this program is to match people who have underutilized homes with individuals living and working in Santa Clara County seeking affordable housing options. This is based on a national model providing a matching service between home owners and renters. There are many benefits to house sharing, including added income to the home provider, shared household responsibilities, companionship, increased security, continued independence and a one-time \$200 incentive paid to the house provider after 90 days of a successful match. Case manager, Heather Pham, described several examples of successful matches, including a senior matched with someone having similar interests, a college professor just looking for a room and a widow who acquired two compatible roommates.

**SNAIL Treasurer Vote:** Sharon McKnight had to step down due to unforeseen circumstances. John Cordes was elected Treasurer today with ten votes.

**Summit Denali Charter School:** On January 29<sup>th</sup>, Summit Denali appealed the planning commission no vote and staff negative recommendation for the use permit of the school on San Aleso. After much debate, parents', teachers' and students' testimonials in favor of and in opposition to this project, Council decided to postpone their vote until April 24<sup>th</sup> allowing Staff and the applicant to resolve several issues raised by Council.

**SNAIL Treasurer Vote:** Sharon McKnight had to step down due to unforeseen circumstances. John Cordes was elected Treasurer today with ten votes.

For full minutes, please visit:

<http://tinyurl.com/SNAILorg>

<https://nextdoor.com/login>

-Minutes taken by June Valenti, SNAIL Secretary

### Mathilda/101/237 Interchange Improvement Project

Construction operations for the Valley Transportation Authority (VTA) Mathilda/101/237 Interchange Improvement Project began earlier this month. This project was designed to help alleviate traffic congestion on Mathilda Ave. while enhancing safety for pedestrians, bicyclists and motorists. Please be advised that lane closures will be needed to construct the improvements and that slowdowns are to be expected. The project is anticipated to be completed in summer 2020. For project related questions, call the VTA's public outreach project staff at (408) 321-7575 or email VTA at: [community.outreach@vta.org](mailto:community.outreach@vta.org) or Public Works at: [pubworks@sunnyvale.ca.gov](mailto:pubworks@sunnyvale.ca.gov).

-Courtesy of Kent Steffens, City Manager

### March is National Nutrition Month



This month, the focus is on promoting individuals to make informed health decisions. March is a good time for you to check in with your health. How do you measure your own health? Lab numbers, weight, activity goals, nutrient goals? How are you measuring up based on your own standards? Think about focusing on one thing this month to keep yourself healthy. Maybe try a new vegetable, prep food for an easy dinner or add walking consistently to your daily to do list. Check out <http://www.eatright.org> for more information on National Nutrition Month.

-Leah Groppo, RD, CDE

**Have You Experienced a Great Neighborhood Moment?**

Share your stories with us by sending them to:

[SNAILeditor @ snail .org](mailto:SNAILeditor@snail.org)

This is my story.

A LFL moment in the dark, on a cold windy night on my way to the February SNAIL meeting, I could hear some voices and laughter. As I exited the front door, I experienced a magical moment: Through the hedge I saw, Sitting on the log bench in front of the Little Free Library... On the left, the oldest reading a book; The youngest in pink holding the flashlight of a cellular phone; The third one tucked in the middle, looking at the pictures; All three laughing at the story with mom enjoying the moment!



**A Moment in Time – It was a cold and windy Thursday night at 6:30 p.m. in our great neighborhood on East Eaglewood.**

-Valérie Suarès (Picture taken with mom's review and approval)

**WE'LL HELP YOU RECYCLE YOUR ITEMS**

In an effort to our negative impact to the planet, we work with TERRACYCLE to collect hard-to-recycle items. Just drop the following off on our porch (738 Georgia Ave), and we will take the step of mailing them into Terracycle.

- Cereal, chip, snack bags / Granola, energy bar wrappers
- Squeezable snack pouches and caps / #6 Rigid Plastic Cups
- Oral care packaging and items (incl. toothbrushes, but excl. electric toothbrushes)
- Cosmetics packaging / Contact lenses and blister packs
- Body, hair care packaging (incl. trigger sprays)
- All Brita and Pur products: Pitchers, Bottles, Filters, Faucet filters, Filter packaging, Dispensers

We do not receive any compensation or other benefit, except the personal satisfaction that we're helping keep stuff out of landfills. Reach us through [syquia.nenuca @ gmail .com](mailto:syquia.nenuca@gmail.com) for questions.

-Nenuca Syquia and Roshan Baliga

**International Women's Day History**

International Women's Day celebrates women's achievements throughout the world. Its purpose is to promote women's equality, encourage support for repressed women and promote appreciation toward women everywhere. Many organizations, including the United Nations, use this day to also celebrate extraordinary achievements of ordinary women.

International Women's Day was initially promoted by the Socialist Party of America. In 1909, it designated this day in remembrance of a major strike by the International Ladies' Garment Workers Union. The holiday is now recognized internationally and is an Official National Holiday for many countries, including China, Russia and Ukraine. It is observed annually on March 8<sup>th</sup>.

**International Women's Day Facts and Quotes**

- In 2019, the theme for International Women's Day is "Balance for Better". The goal is to encourage action to achieve gender equality worldwide.
- On the eve of World War I, women across Europe and Russia celebrated the holiday by protesting the war and campaigning for peace.
- On this day, the US Dept. of State and the First Lady award the International Women of Courage Awards. Ten women, are given the award - "who have exemplified exceptional courage and leadership in advocating for human rights, women's equality, and social progress, often at great personal risk."
- "I am an example of what is possible when girls from the very beginning of their lives are loved and nurtured by people around them. I was surrounded by extraordinary women in my life, grandmothers, teachers, aunts, cousins, neighbors, who taught me about quiet strength and dignity." -Michelle Obama
- Watch a movie that portrays strong empowered women: Erin Brockovich (2000), The Help (2011), A League of Their Own (1992), Mulan (1998), My Fair Lady (1964), Norma Rae (1979).

**References:**

- [UN: Woman's Day History](#)
- [Secretary's International Women of Courage Award](#)
- [Michelle Obama Visits School in London](#)

**Newsletter Deadline**

All SNAIL neighbors are encouraged to submit articles of interest to be published in our monthly newsletter. The deadline for submitting articles and photos for the next SNAIL monthly newsletter is **Saturday, Mar. 16<sup>th</sup>**. Send an email to [SNAILeditor @ snail.org](mailto:SNAILeditor@snail.org).

**SNAIL BOARD and CITY of SUNNYVALE SUPPORT STAFF**

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