



S.N.A.I.L. News

Sunnyvale Neighbors of Arbor, Including LaLinda
PO Box 62072, Sunnyvale, CA 94088

<http://www.snail.org/>

Representing over 1,400 households Established in 1995



January 2018



SNAIL General Meeting Thursday – January 4th

Location: Columbia Middle School Staff Lounge
Time: 7:00 p.m. – Look for the **SNAIL** sign

Partial List of General Meeting Agenda Items:

- Standing Rules for Advertising and Non-profit/Fundraiser articles in SNAIL Newsletter – discussion and vote
- Annual Yard Sale discussion

SNAIL typically meets on the first Thursday of the month. The rare exceptions are when the first Thursday is also the same date as a big holiday. All SNAIL area homeowners, residents and guests are invited. Children are welcome. Membership in SNAIL is always free.

Mark Your Calendar Now!

1/4, 2/1, 3/1, 4/5, 5/3, 6/7, 7/5, 8/2, 9/6, 10/4, 11/1, 12/6



Brief Summary of December General Meeting Minutes

Newsletter Advertising and Non-Profit Articles: The discussion was initiated due to SNAIL residents having to wait for many months to have their ads placed in the SNAIL newsletter as many current advertisers are non-SNAIL residents that continuously renew their ads. Many ideas were brought up, among them setting up a list of priorities. Also, it was brought up that we don't want to interfere with revenue for the newsletter as 50% of the current ads are non-SNAIL businesses.

Denise will write up the standing rules for us to vote on next month.

The advertising rule will favor:

1. SNAIL residents with businesses
2. SNAIL businesses
3. Sunnyvale businesses

In addition, a standing rule is requested for publishing non-profit events endorsed by the City of Sunnyvale in the newsletter as well as events supported by SNAIL neighbors.

Social Secretary's Report: January's Dinner Night Out will be Friday, January 12th, 7:00 p.m. at Seto Restaurant. We're looking forward to seeing the newly elected board members.

Nominations and Voting for Treasurer: John Cordes was nominated for Treasurer. He was unanimously elected with 17 votes.

New Business: John Cordes mentioned PG&E has a 'Green at Home' plan. Phone PG&E for more information. Valerie gave us an update on the shelter. There are eight SNAIL crew members serving about 175 meals. There are 125 beds serving men, women, children, and dogs. Clean folded clothes are needed. Thursday and Friday morning a new list of needs is available. Also, a new shelter will be opening in Mountain View. Also mentioned was the 'Little Free Library' opening in Arbor.

For full minutes, please visit the SNAILorg Yahoo Group website:

<http://tinyurl.com/SNAILorg>

-Minutes taken by June Valenti, SNAIL Secretary

SNAIL 2018 Event Calendar

Date/Time	Event Name	Organizer
Wed, Jan 1/3, 1/10, 1/17, 1/24, 1/31	SNAIL to Volunteer at the Cold Winter Shelter 6 to 8 p.m.	Valérie Suarès (408) 390-3335
Wed, Feb 2/7, 2/14, 2/21, 2/28		
Fri, Jan 12 7:00 p.m.	Dinner Night Out with our 2018 SNAIL Officers Seto (Japanese) Restaurant 511 Borregas Ave.	Bonnie Lloyd RSVP by Jan 9 th (408) 747-1949
Feb Date & Time TBD	Dinner Night Out Chinese New Year Restaurant - TBD	Bonnie Lloyd (408) 747-1949

SNAIL Yard Sale Venue



Needs a New Location

Our traditional host has moved away, so we need to find a new place to hold our annual Yard Sale. We need a place where the donated items can stay in place over Friday and Saturday nights. (It will be covered, but we don't want to have to take it away.) We are looking for a new site; a cul-de-sac would be ideal. Years ago, we held it at a house with a good-sized front yard and driveway, with the big stuff in the driveway next door. If you are interested, please contact any SNAIL officer.

-Tarik Peterson, SNAIL Chair


The publication of our newsletter and SNAIL Neighborhood Association sponsored activities are supported through our annual yard sale, newsletter sponsors and donations.


Sign-up for Emergency Notifications

Did you know that you can sign-up to be alerted and receive notifications in case of an emergency?

These systems are a free, easy and confidential way for anyone who lives or works in Santa Clara County to get emergency warnings sent directly to their cell phone, mobile device, email or landline.

This is where you sign-up:

 Community notifications from DPS through Nixle: <http://www.nixle.com/>

 Emergency notifications from DPS and Santa Clara County through AlertSCC: <https://www.sccgov.org/sites/alertscs/Pages/home.aspx>

-Valérie Suarès, SNAIL Vice-chair

Sunnyvale Personal Emergency Preparedness (PEP)



Emergencies and disasters happen – from chemical spills, storms and power outages to fires, floods and earthquakes. After a disaster, emergency services may be unavailable for 72 hours or more. You know you need to be prepared, but may not know where to start.

LEARN

- what to prepare for emergencies and disasters
- how to prepare yourself, your family, and your home
- how to prioritize your preparations

GAIN

Knowledge, tools, and resources so you and your loved ones can survive emergencies and disasters.

Upcoming 2018 classes:

Sun, February 4th: 2:00 PM – 4:30 p.m. PST

Sun, May 6th: 2:00 PM – 4:30 p.m. PDT

Sun, August 5th: 2:00 PM – 4:30 p.m. PDT

Sun, November 4th: 2:00 PM – 4:30 p.m. PST

Space is limited. If your chosen class is full, you will be put on a waiting list and notified. All classes will be held at Department of Public Safety, 700 All America Way, Sunnyvale, CA 94086, unless specified otherwise.

Classes begin promptly at the time indicated. Please arrive 15-20 minutes early to allow time for parking and sign-in. Contact sunnyvalepep@gmail.com with any questions.

-Valérie Suarès, SNAIL Vice-chair

Set Yourself Up For Success



A popular New Year's resolution that people often make is to eat healthier. Yet, as many initially discover, it can be difficult to adjust one's diet, especially if one attempts to change it so drastically. Therefore, as you think about a goal, aim to make it SMART. SMART is an acronym that stands for: Specific, Measureable, Attainable, Relevant and Time-bound.

Start with small changes that will help, but won't feel like such major life changes, such as eating smaller portions, packing lunches vs buying fast food, or perhaps adding a bit more color to your meals by making sure to include non-starchy vegetables. Then, as you start to feel more comfortable with the change, you can increase the goal(s). This way, you avoid getting frustrated or unmotivated, and therefore are able to hopefully maintain that New Year's resolution that often gets forgotten.

-Leah Groppo, CDE, RD



Columbia Neighborhood Center (CNC) News

For current information on programs, call CNC at (408) 730-7800 or email CNC@sunnyvale.ca.gov or visit our new webpage at: <http://tinyurl.com/SVCNC>

Free Chronic Disease Management Support: Thursdays, Jan. 11th thru Feb. 22nd from 9:30 a.m. to noon at CNC. A 6-week, self-management program, "Better Choices, Better Health" program, facilitated by two trained volunteer leaders for anyone dealing with the challenges of living with an ongoing health condition like diabetes, asthma, heart disease or high cholesterol. Learn about stress management, dealing with pain and fatigue, weight management, decision-making and more. To register or, if you have questions, call The Health Trust, 408-961-9877.

Free Legal Clinic by SABA: Free professional legal assistance available on Saturday, Jan. 6th from 10:00 a.m. to noon, and the first Saturday of every month at CNC. South Asian Bar Association (SABA) will be assisting walk-in clients needing legal advice with various issues. No appointment is necessary. First come, first served.

Kindergarten Readiness Workshop: Tuesday, Jan. 16, 2018, 6 to 8 p.m. at the Sunnyvale Public Library, 665 W. Olive Ave. Get tools to help prepare your young children for the kindergarten transition. Parents and caregivers that attend this free workshop will also receive a copy of the First 5 Santa Clara County Parent/Teacher Handbook. Please arrange for your own child care as there will not be any provided. Register online at bit.ly/KReadyJan16. Questions? (408) 730-7800. Clase en Español el 11 de enero. Llame al (408) 245-7285.

Story Time: Wednesdays, Jan. 10th and 24th at 3:30 p.m. in the Columbia Middle School (CMS) Library, 739 Morse Ave. Join us for story time hosted by a Sunnyvale Public Library children's librarian with stories and songs for children. All families welcome.

Low-Cost School Break Camps Available for Youth: Are you finding it difficult to afford activities for your kids? Apply for the Fee Waiver program, which offers financial assistance for activities and camps. Winter break camps run Feb. 20th through 23rd (priority registration starts Jan. 17th). Fee Waiver approval is based on Sunnyvale residency and income qualifications.

Eligible Sunnyvale residents can receive:

- ✦ \$234 per approved child (17 and under), per fiscal year, to help pay activity or camp registration costs at the full rate,
- ✦ Subsidized prices for STEM, recreation and art camps during school breaks at Columbia Neighborhood Center (CNC),
- ✦ Priority registration for camps during school breaks at CNC.

How to Apply:

1. Fee Waiver applications are available at CNC, Sunnyvale Community Center, 550 E. Remington Drive, or online at <https://sunnyvale.ca.gov/>
2. Submit your completed application in person at CNC or the Sunnyvale Community Center.
3. Apply now! Applications require a minimum of two weeks to process.

-Angela Chan, CNC Manager



VOLUNTEERS NEEDED FOR SNAIL ANNUAL YARD SALE

After many years in a familiar cul-de-sac, the SNAIL Annual Yard sale will be moving to a new location. We were successful because we have the best group of volunteers around! We need your continued help, and that of your friends and neighbors. Please encourage anyone you know to join us - as volunteers (and as shoppers!). Our current volunteers make the best recruiters. Volunteers, who work a minimum of 4 hours setting up or cleaning up on sale days, may purchase items before the sale. Donation drop-off days and location will be announced in the upcoming months. Contact Valérie if you can volunteer: SNAILvicechair@snail.org or call (408) 390-3335.

Below are the tasks and details of the schedule. Contact Valérie to volunteer for any of them: SNAILvicechair@snail.org or call (408) 390-3335.

Last Week of May – Media Posts

- *Need 1 or 2 volunteers to post our Yard Sale in local papers/sites (60 minutes).* Text will be prepared for you and ready to be posted to:
 - ✓ San Jose Mercury News
 - ✓ Craigslist, Nextdoor, Facebook and SNAIL ChitChat
- **June 7th: Secure A-frame Road Signs Around Neighborhood**
 - ✓ *Need 2 volunteers for 60 to 90 minutes*
 - ✓ Pick up signs from storage location
 - ✓ Drop-off and secure signs
- **June 8th: Organization and Sale Prep – 5:00pm to Completion**
 - ✓ *Need 6 to 8 volunteers for 3 to 4 hours*
 - ✓ Set up tables and items on the street
 - ✓ Help unload cars; sort items by types and categories
 - ✓ Set-up check-out
 - ✓ Cover items with tarps to protect from night dew
- **June 9th: Yard Sale Business Hours from 7:30am to 4:30pm**
 - Lunch will be provided for volunteers around 11am each day. We will take turns to eat.*
 - ✓ *Need 6 to 8 volunteers for 3 to 4-hour shifts*
 - ✓ Uncover tables and be ready to sell
 - ✓ Assist customers
 - ✓ Greet donors to manage overflow and control drop-offs
 - ✓ Move dropped-off merchandise from bags to tables
 - ✓ Help keep the site organized – items arrive all weekend
 - ✓ Cover items with tarps to protect from night dew

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- **June 10th: Yard Sale Business Hours from 7:30am to 4:00pm**
 - ✓ *Need 6 to 8 volunteers for 3 to 4 hour shifts*
 - ✓ Uncover tables and be ready to sell
 - ✓ Assist customers/donors, manage overflow/drop-offs
 - ✓ Move drop-off merchandise to tables
 - ✓ 12pm we will no longer accept drop-off items
 - ✓ Start consolidating merchandise
 - ✓ 4:00pm to Completion – Tear-down and street clean-up
 - ✓ Bring work gloves to help move unsold items to dumpster
- **June 10th: Yard Sale Clean-up and Recycling Drop-off**
 - ✓ *Need volunteers w/trucks*
 - ✓ *Need as many volunteers as possible for the last 2+ hours*
 - ✓ Load truck for bicycle drop-off
 - ✓ Load truck for E-waste drop-off
 - ✓ Load truck for Goodwill drop-off (possible multiple drops)
- **June 11th, (Monday Morning)**
 - ✓ *Need 2 volunteers for 60 minutes*
 - ✓ Final clean-up and recycling runs
 - ✓ Pick-up A-frame signs and drop-off at storage location

We hope you can help us run the Yard Sale again this year. Let Valérie know if you can volunteer: SNAILvicechair@snail.org or call (408) 390-3335.

-Valérie Suarès, SNAIL Yard Sale Coordinator

SNAIL Holiday Party FUN



About 25 SNAIL residents and guests gathered to share holiday cheer and food at the Annual SNAIL Holiday Potluck on Dec 17th. The party was hosted by Diane Gleason and John Cordes again this year at their home on Arbor Ave. from 5-8 p.m. Thank you to everyone who attended and shared a dish. We enjoyed marvelous food and conversation while we feasted. Special thanks to Bonnie and Malcolm Lloyd for providing a wonderful roasted turkey. We had some members bring family members and out-of-town guests, which was nice. There were also a couple of neighbors, Emily and Paul, who attended for the first time. Sorry for no photo of the festivities and attendees this year, we were too busy enjoying ourselves! We wish everyone a happy holiday season and a joyful 2018.

-John Cordes

Neighborhood Street Sweeping Schedule

Our streets are generally swept every two weeks on the day following your trash pickup. If possible, please move your car off the street on street sweeping days. This month, the street sweeping schedule is:

East SNAIL Neighborhood	Tuesday, Jan. 3, 16, 30
West SNAIL Neighborhood	Wednesday, Jan. 4, 17, 31

February Newsletter Deadline

All SNAIL neighbors are invited to submit articles of interest to be published in our monthly newsletter. The deadline for submitting articles and photos for the next SNAIL monthly newsletter is Saturday, Jan 13th. Send an email to SNAILeditor@snail.org

SNAIL BOARD and CITY of SUNNYVALE SUPPORT STAFF

Chair	Tarik Peterson	667 San Diego Ave.	408-745-1241	SNAILchair@snail.org
Vice-chair	Valérie Suarès	E. Eaglewood Ave.	408-390-3335	SNAILvicechair@snail.org
Secretary	June Valenti	610 N. Bayview Ave.	408-497-0827	SNAILsecretary@snail.org
Treasurer	Kirstin Sims	663 Madrone Ave.	650-759-9170	SNAILtreasurer@snail.org
Newsletter Editor	Denise Perez	564 Manzanita Ave.		SNAILeditor@snail.org
Newsletter Distribution Coordinator	Nenuca Syquia	738 Georgia Ave.		syquia.nenuca@gmail.com
Social Secretary	Bonnie Lloyd	802 Borregas Ave.	408-747-1949	
Neighborhood Preservation	Steve Frias		408-730-7613	sfrias@Sunnyvale.ca.gov
Neighborhood Resource Officer	Amy Pistor		408-730-7146	apistor@sunnyvale.ca.gov



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