



S.N.A.I.L. News

Sunnyvale Neighbors of Arbor, Including LaLinda

PO Box 62072, Sunnyvale, CA 94088

<http://www.snail.org/>

Representing over 1,400 households Established in 1995

August 2015

SNAIL General Meeting Thursday – August 6th

~~Note: Different Location This Month~~

Location: Jim and Connie Cook-Turner's Home
810 Carolina Avenue

Time: 7:00 pm – Look for the SNAIL sign

Partial List of General Meeting Agenda Items:

- Recap of our Aug. 4th National Night Out
- Planning for Aug. 30th SNAIL 20th Anniversary Party
- Update on SNAIL Bylaws

SNAIL typically meets on the first Thursday of the month. The rare exceptions are when the first Thursday is also the same date as a big holiday. **Mark your calendar now for the rest of the year!** All SNAIL area homeowners, residents and guests are invited. Children are welcome. Membership in SNAIL is always free.

Message from the Chair

I hope you are having a wonderful summer. We have an exciting couple of events planned in August:

- Tuesday, Aug 4th is our annual National Night Out party in Columbia Park. Come join us for a free BBQ and music.
- Sunday, Aug 30th, SNAIL will be celebrating our 20th anniversary with a dinner in the Columbia Neighborhood Center. See the article about this event for all the details.

Isn't it wonderful that volunteers and neighbors have been helping each other via the SNAIL organization for 20 years?

We are always looking for neighbors who want a bigger part of making SNAIL successful. If that sounds like you, please come to our August SNAIL meeting to learn about how to become a SNAIL officer for 2016. SNAIL puts on an amazing array of activities each year and we need volunteers to be our elected chair, vice-chair, secretary and treasurer each year. Come learn about the different roles and hopefully find one that appeals to you.

Hope you join us for National Night Out and our 20th Anniversary Party.

John Cordes
SNAIL Chair
SNAILchair@snail.org

SNAIL Bylaws – Proposed Revisions

The SNAIL Bylaws Committee has completed their review and revision of the SNAIL Bylaws. They are now posted on the SNAIL website <http://www.snail.org/>. We will vote on the proposed changes for approval at the September meeting.

Elaine Rowan, SNAIL Vice-chair

SNAIL 2015 Event Calendar

Date	Event Name	Organizer
Aug 4	National Night Out 6:30 to 9:00 PM Columbia Park (Picnic Area)	Sharon McKnight Griselda Morales (see article)
Aug 30	SNAIL 20 th Anniversary Party 1:00 to 5:00pm Columbia Neighborhood Center – Multipurpose Room	Elaine Rowan (see article)

National Night Out Party Tuesday, August 4th



Columbia Park Picnic Grounds
6:30pm to 9:00pm



Our annual neighborhood party for all homes in SNAIL includes:

- *Free Hot Dogs, sausages, nachos and water.
- *Side dishes are welcome but not required.
- *Fun Rock 'n' Roll music – Back by popular demand, “The Sound Effect”.
- *For the kids: bounce house, face painting, balloon twisting and glitter tattoos.
- *Fire trucks and motorcycles– brought by Sunnyvale Public Safety.
- *Special Guests: City Council and other City staff, including Amber El-Hajj, Senior Planner, who will be able to answer your questions and take comment about the Peery Park plans.

We have partnered with the Sunnyvale Community Services and Lions Club and are asking for donations of used eyeglasses and condiments (mustard, mayonnaise and jelly), toilet paper and diapers to support their work.

We are still looking for people that are interested in entertaining their neighbors, so if you would like to sing a song, do a dance, tell a joke or share your talent, let us know.

We can use volunteer help for set up before the NNO party, organize the potluck table and assist with the clean-up.

Please contact Sharon McKnight at (408) 745-0373 or email sharon_mcknight@Comcast.net or email Griselda Morales at minina35fu@gmail.com
Sharon McKnight and Griselda Morales, NNO Organizers



The publication of our newsletter and SNAIL Neighborhood Association sponsored activities are supported through our annual yard sale, newsletter sponsors and donations.

It's SNAIL's 20th Anniversary Party



**Columbia Neighborhood Center
Multipurpose Room
Sunday, August 30th, 1-5 pm**



And you're invited!

Columbia Neighborhood Center Multipurpose Room, enter through the park and look for signs.

Join us for a fun filled, family-friendly afternoon with SNAIL neighbors, old and new. There will be plenty of children's activities, music, entertainment, special guests, raffles and more. And it's free!!

Grand Prize: \$100 cash

We will have a BBQ Chicken and Sausage picnic-buffet style, with hot dogs available for children.

Lunch will be available from 1:30 - 3:00pm

To reserve, call Connie Cook-Turner at (408) 739-8490 or Bonnie Lloyd at (408) 747-1949 or e-mail: SNAILvicechair @ snail .org

Please RSVP by Tuesday, August 25th, so we can ensure enough food and supplies. **If you reserve by August 20th, you will receive five extra raffle tickets!!**

Also, we could use a few helping hands before, during and after the party. Can you assist? Your small time commitment with handling simple jobs would help make our party a success!

SNAIL 20th Anniversary Party Committee

Brief Summary of July Meeting Minutes

Guest Speaker: Lara McCabe, MPA, Policy Aide to Supervisor Dave Cortese. Her main focus was the upcoming "A Day on the Bay" which will be held at the Alviso County Park Marina Sunday, October 11th from 10am to 3pm. This is a free event.

Two boats from the Sheriff's Department, each with a capacity of eight guests, will be providing two 1½ hour narrated tours of the Bay. Reservations are required for this event, though it was not clear how to make those reservations. Children must be at least in 5th grade to ride on the boat. In tandem with this event, there will be one-hour guided walking tours of the park area. Some of the other highlights include free food and pumpkins, a health mobile, diabetes screenings and kayak rides. Also, there will be 150 booths.

Another event mentioned was the October 6th Senior Symposium with many speakers, lunch provided.

National Night Out: Sharon McKnight discussed the plans for National Night Out. Fliers and a newsletter article were discussed. Making signs and using the new A-frames to display them was mentioned. Elaine mentioned posting the event in the Columbia Neighborhood Center.

There will be balloons, temporary tattoos and face painting. Thomas will be the grill master. Punch, water and ice will be provided.

Kristen Dominguez will be the talent show coordinator. The police and fire department will make a showing.

June Valenti, SNAIL Secretary



Columbia Neighborhood Center (CNC) News

For current information on programs, call CNC at (408) 730-7800 or email CNC @ sunnyvale .ca .gov or go to the CNC web page at <http://CNC.InSunnyvale.com>.

Free Yoga Resumes: Tuesday evenings from 6:00 - 6:50 pm, bring a towel or mat. Adults and children, age 9 and above with a parent.

Seeking New Members for CNC's Community Advisory Committee: Do you want to volunteer, give input, share ideas and meet other residents who are interested in doing the same? CNC is recruiting for new members to join its Community Advisory Committee (CAC). The committee meets five to six times per year in the evenings. For more information or an application, go to <http://CNC.InSunnyvale.com>.

Zumba Classes: Do you want to hear good music and work up a sweat? Come to Zumba class. Each class is \$1 per person; no children under 10 allowed. Children over 10 who come must participate. Classes are Wednesdays from 7-8pm and Fridays from 6-7pm. Wear athletic clothes, shoes and bring water.

Angela Chan, CNC Manager

Sunday, August 2, 2015



**International
Friendship Day**

Practice Random Acts of Kindness

“There is a bumper sticker that has been out for some time now. You see it on cars all across the nation (in fact, I have one on my own car.) It says, “Practice Random Acts of Kindness and Senseless Acts of Beauty.” I have no idea who thought of this idea, but I’ve never seen a more important message on a car in front of me. Practicing random kindness is an effective way to get in touch with the joy of giving without expecting anything in return. It’s best practiced without letting anyone know what you are doing.

There are five toll bridges in the San Francisco Bay Area. Awhile back, some people started paying the tolls of the cars immediately behind them. The drivers would drive to the toll window, pull out their dollar bill, only to be informed, “Your toll has been paid by the car ahead of you.” This is an example of a spontaneous, random gift; something given without expectation or demand for anything in return.

You can imagine the impact that tiny gift had on the driver of the car! Perhaps it encouraged him to be a nicer person that day. Often a single act of kindness sets a series of kind acts in motion.

There is no prescription for how to practice random kindness. It comes from the heart. Your gift might be to pick up litter in your neighborhood, make an anonymous gift to a charity, send some cash in an envelope to make someone experiencing financial stress breathe a little easier, save an animal by bringing it to an animal rescue agency or get a volunteer position feeding hungry people at a church or shelter. You may want to do all these things and more. The point is, giving is free and it doesn’t have to be expensive.

Perhaps the greatest reason to practice random kindness is that it brings great contentment into your life. Each act of kindness rewards you with positive feelings and reminds you of the important aspects of life – service, kindness and love. If we do our own part, pretty soon we will live in a nicer world.”

(Page 89 from “Don’t Sweat the Small Stuff... and it’s all small stuff” by Richard Carlson, PhD)

Submitted by *Connie Cook-Turner*

Share Your Thoughts

We all read. We encourage meaningful bits from books you have read to be shared with our neighbors.

Connie Cook-Turner



SNAIL on the Internet

SNAIL moderates a Yahoo newsgroup <http://tinyurl.com/SNAILorg> which is for SNAIL business and events, meeting details, announcements from the City, etc. There are two social websites for the neighborhood: Yahoo <http://tinyurl.com/SNAILchitchat> is moderated by SNAIL and is for socializing, referrals, lost pets, etc.; also, many neighbors enjoy using <https://nextdoor.com/> which is not moderated by SNAIL.

Neighborhood Street Sweeping Schedule

Our streets are generally swept every two weeks on the day following your trash pickup. If possible, please move your car off the street on street sweeping days. This month, the street sweeping schedule is:

East SNAIL Neighborhood	Tues., Aug. 4th and 18th
West SNAIL Neighborhood	Wed., Aug. 5th and 19th

September Newsletter Deadline

All SNAIL neighbors are invited to submit articles of interest to be published in our monthly newsletter. The deadline for submitting articles and photos for the next SNAIL monthly newsletter is Saturday, August 15th. Simply email to SNAILeditor@snail.org

SNAIL 20th Anniversary 1995 - 2015

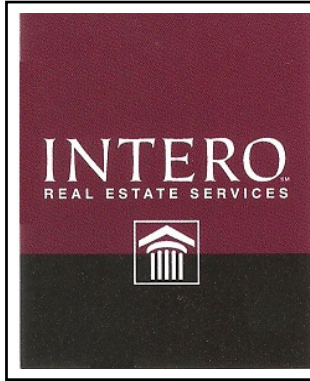
SNAIL BOARD and CITY of SUNNYVALE SUPPORT STAFF

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Vice-chair	Elaine Rowan	690 W. Fernwood Circle	408-749-1846	SNAILvicechair@snail.org
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